



Crack Your Personality Code!

Knowing your personality
helps shape your potential.

E or I?

How are you energized?

Are you an **E** or an **I**? Read all of the statements for each letter and then decide which set of statements BEST describes you. You will probably identify with statements for both letters, but choose the letter that seems to apply to you MORE often than not. Turn the page and read your personal note when done.

E: Expressive

- I get energized or excited when I am around people, lots of activity or things.
- I don't mind being the center of attention or getting attention.
- I enjoy spending time with people.
- I feel lonely when I spend time by myself and would rather look for the company of others.
- I express my feelings openly and I like action and variety.
- I tend to tackle assignments quickly and I like to make fast decisions.
- I don't mind taking risks.

I: Introspective

- I feel tired after being in the middle of activity, people, and noise, even if I've enjoyed myself.
- I enjoy playing or working alone and I tend to keep my feelings to myself. In fact, I do my best work alone.
- I like talking with one person more than I like talking with a group of people. I dread situations where I am forced to be "in front" of a group.
- I have strong feelings, thoughts, and ideas whirling inside my head.
- I like to daydream, observe, imagine, and wonder about things.

Did you pick E? Turn the page
and find a personal note

Did you pick I? Turn the page
and find a personal note

<p>Dear E,</p> <ul style="list-style-type: none"> ● You splash life and energy everywhere you go. Often assertive and rarely at a loss for words, you are able to think quickly on your feet. You tend to do better in timed high-energy activities, under social pressure, or in a competitive situation. Use these abilities to influence the world around you and to do work that is meaningful. ● Most often, you can understand things better or solve problems faster when you talk out loud or discuss it with others. ● You will probably learn more when you jump in with both feet, see models or a finished product, get your hands on things, and discuss the learning with others. Give yourself time to explore, but be aware of your nature to rush headlong into new experiences and take care to exercise caution and think ahead. ● Armed with natural people skills and comfortable in leadership positions, you will thrive in situations which allow you to communicate, teach, and connect with others. ● Most likely, you are able to bring others around to see your view, something that is invaluable when groups need to form a united vision. ● You have a tendency to take action quickly, so take extra care to listen and value the ideas of others. 	<p>Dear I,</p> <ul style="list-style-type: none"> ● You have many wonderful, inventive ideas to share. You may not express them outwardly for people to hear, but they are valuable. There's a powerful word for people like you -- THINKERS. ● Society can sometimes make you believe that to be successful is to be bold, outgoing, aggressive, and social. Never feel any less significant because you are a quiet, reflective thinker. Some of our greatest inventions and ideas come from quiet thinkers who gained expertise in a field - not by being the life of the party - but through deep thought, persistence, effort, and focus. It is natural for you to want to work on projects alone. ● Your reflective nature uses up a lot of cognitive capacity, drains energy, and may cause you to "clam up" when you are pushed to perform. Learn to build up your energy for the times when you know you will be around a group of people. ● Express your ideas through multimedia, crafts, products, online tools, journals, inventions, and more. The world benefits from knowing about your ideas and opinions. ● Do not underestimate a quiet leadership style. People respect a leader who allows others to take the spotlight. ● You are especially talented at making plans and sticking with those plans.
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S or N?

How do you take in information? What gets your attention?

Are you an **S** or an **N**? Read all of the statements for each letter and then decide which set of statements BEST describes you. You will probably identify with statements for both letters, but choose the letter that seems to apply to you MORE often than not. Turn the page and read your personal note when done.

S: Sensing

- I pay attention to details, and what I can see and touch and hear.
- I notice facts and it is natural for me to remember details that are important.
- I remember things that happen in the past as snapshots with details.
- I like to live in the present and I enjoy what is going on now.
- I put more trust in experience than I do in words, symbols, and feelings.
- I like to know what is coming.

Did you pick S? Turn the page
and find a personal note
that begins with

N: Intuitive

- I like to dream and think about the possibilities. New and different things interest me. I like change.
- I remember things that happen in the past as feelings, ideas, or opinions, not facts and details.
- I think more about the future than the past.
- I get impatient with too many details and facts.
- I tend to "read between the lines" to make sense of information.
- It is easy for me to notice patterns in the information I receive and I can usually see the big picture when others cannot.

Did you pick N? Turn the page
and find a personal note
that begins with

<p style="text-align: center;">Dear S,</p> <ul style="list-style-type: none"> ● Your brain pays close attention to what you can see, touch, hear, smell, and taste. This helps you to solve problems by starting with the facts. As a result, try to remind yourself to step back and think about how the little pieces fit together to make one big picture. ● Your mind likes to deal with what is currently going on around you, or what is real and actual. ● A quick trick for fitting the pieces together is to use the facts to tell a story. Practice using your imagination and considering the possibilities. ● When working with groups, use your natural fact-finding gifts to prevent your team from overlooking important details. The group will appreciate your attention to detail. ● You will learn best when you can see and understand a practical use for something and you need to participate in the real world. ● When you are given an assignment, make sure the goals are clear to you and work step-by-step. Ask for a model or an example of the end product. 	<p style="text-align: center;">Dear N,</p> <ul style="list-style-type: none"> ● Your brain pays close attention to things like feelings, ideas, and opinions. This helps you notice patterns faster than other people. In other words, you have a knack for "reading between the lines" or picking up on hidden meanings and symbols. As a result, it is important to remind yourself to check the facts and details against your impressions. ● You see the big picture, where other people may be focused on the many little details. In fact, you can get pretty annoyed when overloaded with details. ● You have no trouble understanding the meaning behind what you learn or the "why" behind a thing, right? You learn easily when someone starts with a theory before giving you the facts. ● You are excellent with the "what if's" and prefer to deal with the possibilities. It is also very easy for you to understand ideas that cannot be seen or touched. When you are working with a group, they will appreciate your ability to see creative solutions to problems. ● When you need to study a long list of facts or things to memorize, break it up in small chunks and imagine a "big picture" for each chunk.
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T or F?

How do you like to make decisions?

Are you an **T** or an **F**? Read all of the statements for each letter and then decide which set of statements BEST describes you. You will probably identify with statements for both letters, but choose the letter that seems to apply to you MORE often than not. Turn the page and read your personal note when done.

T: Thinking

- When I make decisions, I usually don't worry about what other people think or let my personal wishes play a role.
- I am sometimes not aware of others' feelings.
- I make my decisions based on the facts or by the rules.
- I like to think about the pros and cons and come up with a solution that makes sense.
- I like to be treated fairly and with justice. I believe a rule is a rule.
- I like to organize things in a logical way.

F: Feeling

- I make decisions using my personal feelings.
- I think about how decisions or choices will affect the other people in my life. I like to consider their points of view.
- It is easier for me to make decisions with my heart.
- I like to keep peaceful relationships and I am easily aware of how other people feel. I am uncomfortable when there are fights or disagreements.
- Usually I can predict how a person will feel about something.

Did you pick T? Turn the page
and find a personal note

Did you pick F? Turn the page
and find a personal note

<p>Dear T,</p>	<ul style="list-style-type: none"> ● You work best when your environment is organized and everyone is treated fairly and equally. You place a high value on justice and fairness. Because of this, others may see you as uncaring or missing the "people" part when a decision needs to be made. Remind yourself to consider how your actions or decisions affect the other people in your life. ● When working with groups, practice looking at other points of view and work to understand why they are in disagreement with you. Finding logical solutions and staying true to the facts make you an asset to any group project. ● You tend to be task-oriented and may enjoy scientific fields of knowledge. ● You really know how to get things done.
<p>Dear F,</p>	<ul style="list-style-type: none"> ● You work best when your environment is peaceful and when people get along together well. Since this is not always possible, you may need to work harder at preventing your emotions from getting in the way of learning. ● A friendly relationship with others is important to you. Offer to take on roles where you can help others and volunteer to work on projects that have personal value. ● Your cooperative nature can be most helpful as you work with others in groups or when helping to settle disputes. ● Your compassionate nature is the glue that holds groups together and builds team spirit. Remind yourself to look at the "hard" facts and to solve problems in a logical manner, while considering how the outcome affects others.

J or P?

How do you like to plan your personal life?

Are you an **J** or an **P**? Read all of the statements for each letter and then decide which set of statements **BEST** describes you. You will probably identify with statements for both letters, but choose the letter that seems to apply to you **MORE** often than not. Turn the page and read your personal note when done.

J: Adjudicate, Decide, Plan Ahead

- I like things settled and decided.
- I prefer to get things done and get on with life. I like to finish something so that I can move on to the next thing I need to do.
- I am a list maker and I like to get my "work" done in order to relax.
- I like to schedule things in advance.
- I do not like to "rush" around at the last minute.

P: Pliable, Flexible, Spontaneous

- I like to live a spontaneous and flexible life. I do not enjoy fixed plans and schedules. I am happier when I can go with the flow of things and respond to what is happening "in the moment."
- Changing my mind or changing plans is no problem.
- I can do things at the last minute.
- I sometimes do things too slowly or too late.
- Unfinished projects do not bother me.

Did you pick **J**? Turn the page
and find a personal note
that begins with

Did you pick **P**? Turn the page
and find a personal note
that begins with

<p>Dear J,</p> <ul style="list-style-type: none"> ● Since it is upsetting to you when decisions are unmade and choices are unclear, take time to ask for directions that make sense to you ● When working with a partner or with groups, it can be extremely frustrating to collaborate with people who like to do things at the last minute or change their minds easily. Why not be the one who makes sure everyone is assigned a particular task with a deadline? ● You like to get things done, so be aware of your tendency to decide things too quickly or hastily. Take care not to overlook important information. ● Keep your schedule for the day and to-do lists, but try to be understanding and flexible when you see that a change needs to be made. 	<p>Dear P,</p> <ul style="list-style-type: none"> ● You like for your environment to have open-ended opportunities to explore new things. Variety is the spice of life, isn't it? ● You like to work at your own pace on assignments. This is fine, but take care to set deadlines at several stages throughout the project to avoid rushing around in a panic at the last minute. Set reminders on your phone for each deadline. ● Having choices is important to you. You can get very frustrated when working with people who are not flexible or who insist on sticking to one way of doing something. ● You have the special ability to find unique ways to do routine or boring jobs. Some may say that you know how to turn work into play. You keep life interesting for many people!
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Congratulations! You have cracked your learning personality code.

Now, find out which famous people have personality traits like you.

My Learning Personality Code is:

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Do you have both **N** and **T** in your code?

Other Famous **NTs**:

- Albert Einstein
- Mark Twain
- Thomas Jefferson
- Abraham Lincoln
- Marie Curie
- Dwight D. Eisenhower
- Bill Gates
- Walt Disney
- Peter the Great
- Napoleon Bonaparte
- William T. Sherman



[LINK to READ MORE](#)
at Keirse.com.

Do you have both **N** and **F** in your code?

Other Famous **NFs**:

- Emily Dickinson
- Albert Schweitzer
- Anne Lindbergh
- Mahatma Gandhi
- Eleanor Roosevelt
- Margaret Mead
- Leo Tolstoy
- Thomas Paine
- Plato



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at Keirse.com.

Do you have both **S** and **J** in your code?

Other Famous **SJs**:

- George Washington
- Harry Truman
- Woodrow Wilson
- Jimmy Carter
- Kareem Abdul-Jabbar
- Barbara Walters
- Dan Rather
- Mother Teresa
- General Colin Powell
- Queen Elizabeth II
- General Stonewall Jackson



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at Keirse.com.

Do you have both **S** and **P** in your code?

Other Famous **SPs**:

- Johnny Carson
- Clint Eastwood
- Amelia Earhart
- Elvis Presley
- Winston Churchill
- Madonna
- Barbara Streisand
- "Magic" Johnson
- Ernest Hemingway
- Michael Jordan
- Donald Trump



[LINK to READ MORE](#)
at Keirse.com.

Compare your first learning personality code with the online links at <http://mrsthomasgate.weebly.com/your-personality-and-career-development.html> .

“16 Personalities Test”:

***After taking the assessment, you will see your personality type. Record it below. Send your results by e-mail to your school account. Then click “Start Reading” to learn more about your personality.**

Your Personality Type Is:

_____ (_____ -- _____)

Variant: _____

Role: _____

Record 2-3 pieces of information about your strengths and weaknesses.

Strengths:

- ✓ _____
- ✓ _____
- ✓ _____

Weaknesses:

- ✓ _____
- ✓ _____
- ✓ _____

Record 2-3 pieces of information about your “Career Paths” and “Workplace Habits.” *This information can be generalizations true to you or surprising information you learned.*

- ✓ _____
- ✓ _____
- ✓ _____

Are You an Introvert or an Extrovert?



Directions: Read the questions below. Which answer do you mostly lean toward? Keep a tally at the bottom. Then, when finished, decorate, and fill in to show your results, on the continuum provided. Be honest with yourself as there's no good nor bad; it's a matter of becoming aware of where you place your energies, your interests, and how you approach learning and how you approach the world. By the way, if you've read the directions to this point, start off by marking one tally mark under "B" at the bottom.

1. Would you prefer to
 - a. Participate in a class discussion, or
 - b. Read silently.
2. To describe your circle of friends, which is most true for you?
 - a. I have lots of friends and acquaintances, or
 - b. I have a few valuable friends with whom I'm very close.
3. Which would you prefer?
 - a. Large groups of people and parties; and generally receiving lots of encouragement from people, or
 - b. Have a long stretch of uninterrupted time alone and prefer only a few words of encouragement once in a while.
4. At the end of a large event do you:
 - a. Hang around when it's over to talk, maybe make plans, or
 - b. Like to be one of the first ones out the door and gone.
5. How much do you generally enjoy group work at school?
 - a. I usually prefer it; plus talking with others helps me learn, or
 - b. I don't care for it and find that I don't learn much working in a group.
6. Do you think most people understand you or just don't seem to get you?
 - a. I am open about how I feel and people tend to know where I stand on things, so yes they mostly get me, or
 - b. It's true that most people don't really get me or know the real me. I don't often talk or share my feelings with many people.
7. Which statement rings more true about you?
 - a. I get full of energy when I am around a lot of people, or
 - b. I feel drained when I am around a large group of people, and often want to leave for a quieter environment.

Below, keep a record of how many As and how many Bs you choose.

A: _____

B: _____

Introversion and Extraversion: Schema Questionnaire



Name _____ Date _____

1. What is one distinction between introverts and extraverts?
2. Would you say introverts are shy?
3. Do you think introverts make good leaders?
4. In your opinion, does current society tend to value the quality of introversion or extraversion more?

Why?

5. Which group tends to be more knowledgeable than the other?
_____ Explain why you think so. _____
6. What would you expect the percentage of introverts vs. extraverts to be in the worldwide population?
7. Do you think you're more introverted or extraverted?
8. What about your teacher? Hmmm - introverted or extraverted?

Evidence:

Your *schema* includes not only your background knowledge, but also your thoughts, opinions, and feelings about a topic. It's a glimpse into where your brain currently stands on a topic. A goal of education is to broaden that.

“The Power of Introverts” Reflection

1. What would you say were the two main ideas of Susan Cain’s TED Talk?

2. Think about the learning and social needs of both introverts and extraverts. Susan Cain referred to this as one’s *milieu*. What guidelines should exist so that both groups can optimally function in a working environment (i.e. school, jobs, etc.)?

3. How strongly do your self-negating choices (decisions to deny your social sense of self or limit your potential) affect your performance/interactions in school, work, social circles, etc.?



8 Facts About Introversions You May Not Have Known



1. Everyone spends time "introverting" and "extroverting." It's not necessarily an either/or situation, yet people tend to lean toward one over the other.
2. Introversions is not the same thing as shyness. In fact, they aren't even related. Shyness involves concern about the judgment of others. Introverted people tend to be more quiet and seemingly withdrawn because they prefer their own space; the concern isn't about what others think of them.
3. A major distinction between the two is that extraverts are energized by being actively involved and interacting with others, while introverts prefer their thoughts, reflections, and "inner world."
4. Carl Jung was the first psychologist to use the terms: introversions (meaning "inward turning") and extroversions (meaning "outward turning"). Learn his name, he was a great thinker who is often quoted and you'll hear it again and again.
5. An unusually high percentage of introverted children are labeled "gifted."
6. Introversions and extraversion are described by Myers-Briggs psychologists as two ends of a continuum, and most people fall somewhere in between the two extremes.
7. An "ambivert" is one who falls directly between the two and possesses qualities of both. (The root word "ambi" means both.)
8. The qualities of introvert vs. extravert and using social skills are totally separate. An example of this might be John, an introvert, says he'd rather not go to a party but would rather stay home and read. Carla the extravert, criticizes him because of a lack of social skills, whereas Kiko, an extravert, does not voice any criticism because she possesses the social awareness that touting judgments about another is rude.

Ideal Job and Career

At this point in your life, what do you think would be the most IDEAL job or career for you? Explain why you have chosen this.

Compare! Take the assessments on <http://mrsthomsgate.weebly.com/your-personality-and-career-development.html> . Record 2-3 pieces of information you discovered for each inventory or profile. *Include the names of possible jobs and careers.*

Career Cluster Inventory:

- ✓ _____
- ✓ _____
- ✓ _____

Interest Profiler:

- ✓ _____
- ✓ _____
- ✓ _____

Self-Employment Evaluation:

- ✓ _____
- ✓ _____
- ✓ _____

Work Importance Inventory:

- ✓ _____
- ✓ _____
- ✓ _____

Compare what you wrote for your IDEAL job/career with what you learned after completing the inventories and profiles.

How did your ideal job/career compare with what you discovered?

What job/career stands out to you the most? WHY?

My Future Career Research Assignment

Description: Now that you've discovered more about your personality and what career is most likely suited for you, you're going to research and present this career to your peers.

Your presentation can be a speech, simulation, iMovie, PowerPoint/Prezi/Google Slides, debate, song, poster, or other format you feel most comfortable giving.

Your presentation or product must include:

- ✓ Helpful High School Courses
- ✓ Required Education, Licenses, and/or Certifications
- ✓ Necessary Skills and Abilities
- ✓ Working Conditions
- ✓ Common Work Activities
- ✓ Physical Demands
- ✓ Wages
- ✓ Hiring Practices
- ✓ Advancement Opportunities

You will complete a self-evaluation and a peer-evaluation for other presentations.

How you choose to record information is up to you. You will need to cite your sources using MLA format.

Presentations will start on _____.